

## **Package leaflet**

### **Aspecton<sup>®</sup> Throat Lozenges Cassis With Iceland moss. For dry cough and hoarseness**

#### **Dear Patient,**

Please read this leaflet carefully because it contains important information that you should bear in mind when using this product. If you have any questions, please ask your doctor or pharmacist.

#### **What Aspecton<sup>®</sup> Throat Lozenges Cassis contain**

One lozenge contains 20 mg dry extract from *Cetraria islandica* (7:1).

#### Other ingredients:

sorbitol, hypromellose, black currant flavouring, ascorbic acid (vitamin C), xanthan gum, calcium pantothenate, citric acid (anhydrous), polyethylene glycol 6000, magnesium stearate (herbal), sodium cyclamate, talc, titanium dioxide (E171), iron oxide (E172), saccharin sodium.

#### **When to use Aspecton<sup>®</sup> Throat Lozenges Cassis**

The lozenges are used for dry cough and hoarseness.

The ingredients of Iceland moss (*Cetraria islandica*) form a protective layer over the mouth and throat lining (mucous membranes). It protects the irritated mucous membranes from external stimuli that would affect its healing, and thereby supports the body's defence system.

The high proportion of mucus-stimulating substances in the Iceland moss extract prevents the mucous membranes from drying out by binding water to their surface. In addition, the lozenges stimulate saliva flow and thereby moisturise the irritated mucous membranes.

#### **When to take care with using Aspecton<sup>®</sup> Throat Lozenges Cassis**

No special precautions are necessary when using this medicine as intended.

Aspecton<sup>®</sup> Throat Lozenges Cassis must not be used in case of hypersensitivity to any of the ingredients.

The sorbitol contained in the product may have a mild laxative effect if consumed in large amounts. Aspecton<sup>®</sup> Throat Lozenges Cassis are not suitable for people suffering from fructose intolerance.

No adequate studies are available on the use of this product during pregnancy and breast-feeding. Aspecton<sup>®</sup> Throat Lozenges Cassis should therefore not be used during pregnancy and breast-feeding without consulting a doctor.

Use of lozenges in children is only recommended starting from 4 years of age in order to avoid the child accidentally swallowing the lozenge.

### **How to use Aspecton<sup>®</sup> Throat Lozenges Cassis**

Dissolve 1 lozenge slowly in the mouth up to 10 times daily.

#### Advice for diabetics:

One lozenge contains 0.5 g sorbitol, equivalent to 0.04 bread units.

### **How long can you use Aspecton<sup>®</sup> Throat Lozenges Cassis?**

If symptoms persist for more than 3 days, a doctor should be consulted.

### **What shelf life and storage instructions must be observed?**

The expiry date is printed on the carton and blister. Do not use this pack after this date.

Store in a dry place. Do not store above 25 °C.

### **In which pack sizes are Aspecton<sup>®</sup> Throat Lozenges Cassis available?**

Packs of 30 lozenges and 60 lozenges.

### **Manufacturer**

Krewel Meuselbach GmbH, Krewelstr. 2, 53783 Eitorf, Germany  
tel: +49 (0)2243 / 87-0, fax: +49 (0)2243 / 87-175  
e-mail: info@krewelmeuselbach.de

### **Date of revision of the text**

June 2012

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**Keep out of the sight and reach of children.**